

# THOMAS COUNTY Herald

Your Source Of News In The Sandhills

THOMAS COUNTY, THEDFORD, NEBRASKA 69166 (USPS 596-550) THURSDAY, SEPTEMBER 13, 2018 NO. 11

## Healthy Heart Check-Up & Scholarship Blood Drive Set At THS

Thedford High School, along with the EMS staff of Thedford Volunteer Rescue with the support of Great Plains Health and Dr. Todd Jensen, will be doing a simple screening for cardiac problems.

Come to Thedford High School on Monday, September 17, 2018 from noon until 6:00 p.m. The free screening includes: 12 Lead EKG, Blood Pressure and Pulse Check, Blood Sugar and a medical evaluation with Dr. Jensen.

This service is available to everyone free of charge and is sponsored by Great Plains Health and Thedford Volunteer Rescue Squad.

Come in and do the simple screening for any cardiac problems long before they strike.

The FBLA Senior Scholarship Blood Drive will also be held on Monday, September 17, from noon to 6:00 p.m. at Thedford



High School.

Help by donating. A single donation can save three lives and will help a senior with their college education. If you would

like to make an appointment, contact Jamie Taylor, Cailyn Jameson, Caity Hesselstine or Marlee Taylor at 308-645-2614.

## Tooth Tour Could Come To A School Near You

The West Central District Health Department Tooth Tour mobile unit is taking dental care on the road to a school near you. Tooth Tour staff providers administering this program are dedicated to improving your child's dental health by offering outreach dental services.

Shelly Sale, Registered Dental Hygienist with a public health authorization with the state of Nebraska, along with Brandi Lemon, Outreach Director, are bringing equitable and accessible dental care to the adults and children in rural communities. Services include cleaning, fluoride treatments, silver diamine fluoride and sealants.

Nobody is too young or too old. It is recommended to start taking your child to the dentist at age 1. The mobile clinics take adult and child Medicaid, file with the client's insurance or take self-pay. Services are charged at a very competitive flat rate fee and you may call WCDHD to get the fees prior to a visit.

The Silver Diamine Fluoride is an antibiotic liquid. It is used on lesions to help stop cavities and to treat tooth sensitivity. ADF application is every 3 to 12 months as necessary. Treatment with SDF does not eliminate the need for dental fillings or crowns to repair function or esthetics, but as an alternative until the person can see a dentist.

X-Ray services are pro-



COURTESY PHOTO

A McPherson County student is getting her teeth checked at the recent West Central District Health Department Tooth Tour mobile unit set up at the former Munson's Market building in Tryon. A Registered Dental Hygienist gives the youngster a once over to help with her oral health.

vided in the North Platte office and the Hygienist collaborates with a local dentist to read those x-rays. They are unable to do x-rays in the field at this time.

The Dental Clinic is also still available at the WCDHD in North Platte, but the need for dental care in rural areas has brought back the need for the Tooth Tour. If you have any questions or if

area schools would like to schedule a Tooth Tour, they may call Brandi at 308-221-6839.

Schools are encouraged to help the WCDHD Tooth Tour Staff bring preventative care to help protect youngsters' teeth and prevent periodontal diseases.

Counties serviced by WCDHD are: Lincoln, Logan, McPherson, Arthur, Hooker and Thomas.

## Pop Tab Winners Announced At Thedford High School & Elementary



THEDFORD SCHOOL PHOTOS

The Thedford first and second grade classes were the big winners in the elementary pop tab contest held over the summer. The class collected 13.2 pounds of pop tabs.

Pictured above are class members, back row standing l-r: Jordyn DeNaeyer, Haxton Hoffman, Tatum Connell, Emma Ray, Jordee Johnston, Kaley Rasmussen, Quentin Dailey, Addy Soper and Teacher, Miss April McGhee. Back row sitting l-r: Bronc Reiser, Dani Burk, Grady Licking, Mary Licking, Emerson Pettit, Luke McIntosh and Misti Parker, Front row l-r: Meyiah Burton, Maciel Vargas. Holding the tub of pop tabs, l-r: Trevor Dykstra and Tylynn Dykstra.



The Thedford Eighth graders took the win for the High School Pop Tab challenge. Pictured with their pop tabs are, back row, l-r: Connor Cooksley, Quentin Rhoades, Tenley Rasmussen, Winter Benschoter, Kaden Haake, Brooke Milam, Bralea Jepsen and Makayla Osienger. Front row, l-r: Skyler Andersen, Katherine Gordon, and Zachary Eggert.

The students at Thedford Grade School and Thedford High School took a challenge to collect pop tabs over the summer. The pop tabs will be taken to McDonald's in North Platte. The money gained from the pop tabs will be sent to the Ronald McDonald house in Omaha.

Many families travel far from home and spend several weeks or months to get treatment for their seriously ill or injured children - a long time to be away or to divide a family. And, for children

facing a serious medical crisis, nothing seems scarier than not having mom and dad close by for love and support. A Ronald McDonald House provides a place for families to call home so they can stay close by their hospitalized child at little or no cost.

The Ronald McDonald Houses are built on the simple idea that nothing else should matter when a family is focused on the health of their child - not where they can afford to stay, where they will get their next meal, or where

they will lay their head at night to rest. We believe that when a child is hospitalized the love and support of family is as powerful as the strongest medicine prescribed.

The Eighth grade class won the high school division and the first and second grade classes were the elementary winners. The first and second grade classes collected a total of 13.2 pounds of pop tops. The Thedford Elementary students brought in 29.2 pounds of pop tops to end their summer challenge.

## Nebraska Extension Horticulture Classes Starting In September

School is back in session, and it is time for Extension horticulture classes to resume through Nebraska Extension, Starting September 11, at 6:30 p.m. Central Time.

Classes will be taught in person at the West Central Research and Extension Center for those participants in the North Platte area. Participants at a distance may participate in the same classes online, web-based teaching platform used by the University of Nebraska. All horticulture classes will be taught by David Lott, District Horticulture Educator, or other Ne-

braska Extension faculty. These topics are fall or winter-related subjects to plan for the next growing season. Extension Master Gardeners may participate in these classes to meet educational hour requirement for the Master Gardener program.

The class dates and topics include:

September 18 - Insect Mode of Treatments  
September 25 - Deer and Rabbit Proof (or at least not favorite!) plant materials  
October 2 - Putting the Garden to Bed  
October 9 - Weather Ready Landscapes

October 16 - Preparing and Judging Fair Veggie and Flower Exhibits

October 23 - Decoding Plant Names for Meaning  
October 30 - Holiday Cactus, Poinsettias and Friends!

There is a \$10 fee per class for the general public. Extension Master Gardeners may participate in all classes for free. Please register by the Monday before each class date for the classes each participant wants to join in. Please RSVP to the Nebraska Extension Office in North Platte at (508) 532-2683.

### Notices

- Village Of Thedford Board Proceedings
- Thomas County Commissioners Board Proceedings
- Thedford Rural Fire District Budget Hearing & Budget Summary
- Thedford Public Schools Notice Of Budget Hearing & Budget Summary
- Thedford Public Schools Hearing To Set Final Tax Request

### Index

- Legal Notices.....2
- Community Calendar.....2
- Social Side.....3
- Opinion Page.....4
- Classifieds.....5
- Statewide Classifieds.....5
- Business Directory.....5
- Thedford School News..6
- Sandhills School News..6
- Sports.....7
- Letter To The Editor.....8
- Public Notices.....9
- Local News.....10

### Inside

- Over The Hills
- Happenings On The Hill
- Odds & Ends
- Life's Outtakes
- Dave Says
- Upcoming Activities At Thedford Public School
- Upcoming Activities At Sandhill Public School
- Homecoming Activities
- High School Rodeo Results
- Knight Sports Highlights

## Homecoming Activities Planned

See Page 6 For Complete Story