There was lots of advice given in 1918 on how to combat the “Spa-

The 1918 Spanish Flu Outbreak

ning pneumonia after viral

bacterial infection caus-

the vaccines may have re-

Influenza Vaccine Discov-

some medical authorities

sought good news and

Nevertheless, as it mu-

since early on the flu had

mation is understandable

two to three out of every

out of every 400” or about

reported it had “a very

Panic.”

This Time By Way of

Grip, or la Grippe that

Hub

and You Must Reside in

be qualified for a scholar-

completed sixth, seventh

nded.

herbs) was also recom-

18 percent alcohol (some

lac, a patent medicine

Vick’s VapoRub and drug-

morning, then breathe

ish Flu.” Don’t wear tight

how to combat the “Span-

given to people in 1918 on

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